

Name: _____

Height: _____

Weight: _____

Medical History:

1. Have you been diagnosed with any of the following, if **YES please CIRCLE**

- | | | | | |
|--------------------------------|------------------------|---------------------|-----------------------|---------------------|
| Allergies | Concussion | Heart Attack | Multiple Sclerosis | Spinal Stenosis |
| Allergic to latex | COPD | Heart Disease | Neurological Issues | Stroke/TIA |
| Amputation | Coronary heart disease | Hernia | Osteoarthritis | Thyroid |
| Anemia | Depression | High Blood Pressure | Osteoporosis | Tobacco Use |
| Angina | Diabetes, type 1 | Incontinence | Oxygen Dependency | Torticollis |
| Ataxia | Diabetes, type 2 | Infectious Disease | Pacemaker | Varicose Veins |
| Bell 's palsy | Dizziness or faintness | Intractable Pain | Parkinson's Disease | Vasculitis |
| Blood Clot/Emboli | Drink alcohol | Kidney Disease | Pelvic floor issue(s) | Vertigo/Balance |
| Bowel/bladder problems | Emphysema | Lipedema | Pneumonia | Vision Difficulties |
| Bronchitis | Energy loss | Low Blood Sugar | Pregnancy, current | Weakness |
| Cancer | Epilepsy/Seizures | Lumpectomy | Rheumatoid arthritis | Weight loss |
| Carpal tunnel syndrome | Epstein-Barre Syndrome | Lupus | Sciatica | Women's health |
| Cellulitis | Headaches, severe | Lyme Disease | Shortness of Breath | Other surgery |
| Cerebral Palsy | Hearing difficulty | Lymphedema | Sleep Apnea | Other important |
| Complex Regional Pain Syndrome | | Mastectomy | Sleeping Problems | _____ |

2. Do you have?

- | | | | |
|---------------------------|------------------------------|-------------------------|------------------------------|
| ___ Joint replacement | if so, what body part? _____ | ___ Numbness | if so, what body part? _____ |
| ___ Pins or metal implant | if so, what body part? _____ | ___ Tingling/neuropathy | if so, what body part? _____ |
| ___ Arthritis | if so, what body part? _____ | | |

Social History (please circle)

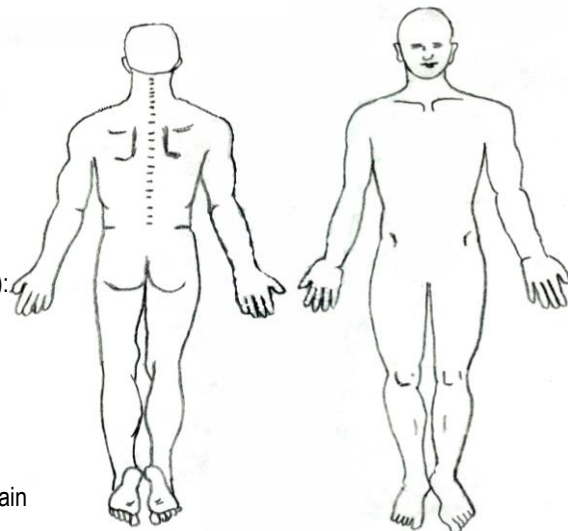
- Do you live with anyone: YES NO Are you a caregiver for someone else: YES NO
- Living Environment: One Story or Two Story
- Do you use: Cane Walker Wheelchair Other: _____
- Did you receive home health PT for this current condition? YES NO

Current Level of Function:

- | | |
|---|---|
| 1. Does your diagnosis impact your ability to work/? | Does your diagnosis impact your ability to attend school? |
| ___ Not applicable | ___ Not applicable |
| ___ I am retired | ___ The diagnosis prevents me from attending school |
| ___ The diagnosis prevents me from working | ___ I am in school, and the diagnosis has a big impact |
| ___ I can only work part time | ___ I am in school, and the diagnosis has a minor impact |
| ___ I can work, but with minor difficulty | ___ School is normal, but I cannot participate in sports |
| ___ I can work, but with great difficulty | ___ School is normal, no impact |
| ___ This diagnosis does not impact my ability to work | |

2. How often do you exercise? Never 1X/week 2X/week 3X/week 4x or more/week

- Does your daily routine, or work aggravate your injury?
 - ___ No
 - ___ I am unable to participate in my normal routine or work
 - ___ My routine/work usually impacts my injury 1 day a week
 - ___ My routine work usually impacts my injury about 2 days a week
 - ___ My routine/work usually impacts my injury about 3 or more days a week
 - ___ My routine/work usually impacts my injury every day, but I try to cope



Current History:

- Is your pain/condition due to a prior injury? _____ If yes, what year? _____
- Please rate your current pain/severity for this condition 0-10 (0 is no pain to 10 is the worst pain):
 - A) Current pain for this condition..... (0-10): _____
 - B) At the best since this condition began.... (0-10): _____
 - C) At the worst since this condition began... (0-10): _____

3. Please draw the location of your symptoms on the pictures to the right with the symbols below:

- | | | | |
|----------------|------------------|-----------------|------------------------|
| Aching ***** | Dull D D D | Throbbing # # # | Deep --- |
| Burning X X X | Heavy H H H | Variable ~ ~ | Stabbing /// |
| Constant C C C | Numb Z Z Z | Weak w w w | I do not have any pain |
| Cramping R R R | Pins/ needles ^^ | | |

4. **What makes your pain/condition worse? (Please check all that apply.)**

What relieves your pain? (Please check all that apply)

- | | | | | | |
|---------------------------|----------------|--------------------------|-----------------------|---------------|----------------|
| ___ Reaching back | ___ Lying flat | ___ Getting out of bed | ___ Ice | ___ Heat | ___ Stretching |
| ___ Dressing/Grooming | ___ Cooking | ___ Carrying items | ___ Exercise | ___ Pain meds | ___ Lying Flat |
| ___ Climbing Stairs | ___ Twisting | ___ Lifting anything | ___ Avoiding activity | | ___ Nothing |
| ___ Lifting heavy weights | ___ Pulling | ___ Raising arm overhead | | | |
| ___ Looking up/down | ___ Walking | | | | |

- Have you fallen in the past year? Yes / No If yes, were you injured in the process of falling? Yes / No
- Do you currently: (Check all that apply): ___ Smoke Tobacco ___ Chew Tobacco ___ Snuff Tobacco
- Have you ever received advice or counseling to help you stop using tobacco? ___ Yes ___ No

Please list below all current PRESCRIPTION medication AND Over The Counter (OTC) medications and Vitamins prescribed and nonprescription

MEDICATIONS and VITAMINS	DOSAGE	FREQ.	Mode of delivery	MEDICATIONS and VITAMINS	DOSAGE	FREQ.	Mode of delivery
1.				6.			
2.				7.			
3.				8.			
4.				9.			
5.				10.			